

**Ethis Commission (CE-IST)** 

## Ref. n.º 28/2023 (CE-IST) Date: 02/11/2023

Name of IR: Prof<sup>a</sup>. Rita Homem de Gouveia Costanzo Nunes

Name of the project: Implementação de equipamentos de nova geração para glicémia profissional em contexto hospitalar: oportunidades para melhoria de processos e transformação digital - Questionário

Profª Rita Homem de Gouveia Costanzo Nunes

The Ethics Committee of Instituto Superior Técnico (EC-IST) reviewed your application to obtain ethical assessment for the above mentioned project. The following documents have been reviewed:

Ref.	Documents	Version & date
1590690	Download Formulario_COMISSAO DE ETICA IST_2023-10-03.pdf	04/09/2023
1592100	Download email_OE.pdf	
	Download form_enfermagem.pdf	
	Download QuestionarioOnline.pdf	
	Download Anexo_HypnosAir_Tarefa5_Consentimento Informado Questionário.pdf	

The following members of the EC-IST participated in the ethical assessment:

Name	Role in Ethics Committee	Qualification	Gender	Affiliation to IST (Yes/No)
Mário Gaspar da Silva	President	Professor	М	Y
Isabel Trancoso	Member	Professor	F	Y
Isabel Sá Correia	Member	Professor	F	Y
Fernando Borges Araújo	Member	Professor	М	N
Miguel Prazeres	Member	Professor	М	Y

This EC-IST is working accordance to ICH-GCP, Schedule Y and ICMR guidelines, the EC-IST regulation and other applicable regulation.

None of the researchers participating in this study took part in the decision making and voting procedure for this assessment.

Based on the review of the above mentioned documents, the EC-IST states a favourable ethical opinion about the request / trial as submitted.

The EC-IST expects to be informed about the progress of the study, any Serious Adverse Events occurring in the course of the study, any revision in the protocol and in the participants' information/informed consent, and requests to be provided a copy of the final report.

(11m Stu

Prof. Mário Gaspar da Silva President of Ethics Committee of Instituto Superior Técnico (CE-IST)