

Name of IR: Hugo Humberto Plácido da Silva

Name of the project: *Effect of Dynamic Activities in Respiratory Cycles Assessment*

Prof. Hugo Humberto Plácido da Silva

The Ethics Committee of Instituto Superior Técnico (EC-IST) reviewed your application to obtain ethical assessment for the above mentioned project. The following documents have been reviewed:

| Ref. | Documents | Version & date |
|---------|---|----------------|
| 1518509 | Anexo A - EN.pdf, Anexo A - PT.pdf Anexo B - EN.pdf, Anexo B - PT.pdf Anexo C.pdf Formulario_COMISSAO DE ETICA IST_2023-02-09_signed.pdf | 23/05/2023 |

The following members of the EC-IST participated in the ethical assessment:

| Name | Role in Ethics Committee | Qualification | Gender | Affiliation to IST (Yes/No) |
|------------------------|--------------------------|---------------|--------|-----------------------------|
| Mário Gaspar da Silva | President | Professor | M | Y |
| Isabel Trancoso | Member | Professor | F | Y |
| Isabel Sá Correia | Member | Professor | F | Y |
| Fernando Borges Araújo | Member | Professor | M | N |
| Miguel Prazeres | Member | Professor | M | Y |

This EC-IST is working accordance to ICH-GCP, Schedule Y and ICMR guidelines, the EC-IST regulation and other applicable regulation.

None of the researchers participating in this study took part in the decision making and voting procedure for this assessment.

Based on the review of the above mentioned documents, the EC-IST states a favourable ethical opinion about the request / trial as submitted.

The EC-IST expects to be informed about the progress of the study, any Serious Adverse Events occurring in the course of the study, any revision in the protocol and in the participants' information/informed consent, and requests to be provided a copy of the final report.



Prof. Mário Gaspar da Silva
President of Ethics Committee of
Instituto Superior Técnico (CE-IST)